

Event 125 Women, 400m Freestyle Open Results Final
01/02/2026 - 16:25

Meet Record 4:07.94 BELMONTE Mireia ESP Luxembourg 31/01/2016

Points: AQUA 2025

Rank					YB					Time	Pts	RT
1.	COLBERT Freya				04	Aquatics GB				4:10.59	828	+0.69
	50m:	28.52	28.52	150m:	1:31.27	31.72	250m:	2:36.31	32.76	350m:	3:39.98	31.48
	100m:	59.55	31.03	200m:	2:03.55	32.28	300m:	3:08.50	32.19	400m:	4:10.59	30.61
2.	BACH Helena Rosendahl				00	Denmark				4:14.98	786	+0.79
	50m:	30.19	30.19	150m:	1:34.26	32.26	250m:	2:38.73	31.89	350m:	3:43.44	32.40
	100m:	1:02.00	31.81	200m:	2:06.84	32.58	300m:	3:11.04	32.31	400m:	4:14.98	31.54
3.	BENN Sophie				07	Swim England				4:17.17	766	+0.68
	50m:	29.08	29.08	150m:	1:33.26	32.31	250m:	2:38.43	32.32	350m:	3:44.61	32.74
	100m:	1:00.95	31.87	200m:	2:06.11	32.85	300m:	3:11.87	33.44	400m:	4:17.17	32.56
4.	TONONI Giorgia				03	G.A.M. Team				4:17.89	760	+0.75
	50m:	30.48	30.48	150m:	1:34.96	32.42	250m:	2:40.16	32.63	350m:	3:45.86	32.92
	100m:	1:02.54	32.06	200m:	2:07.53	32.57	300m:	3:12.94	32.78	400m:	4:17.89	32.03
5.	HOVDA Bea				04	Stavanger SK				4:18.95	751	+0.73
	50m:	30.20	30.20	150m:	1:35.20	32.53	250m:	2:41.11	32.96	350m:	3:47.20	32.92
	100m:	1:02.67	32.47	200m:	2:08.15	32.95	300m:	3:14.28	33.17	400m:	4:18.95	31.75
6.	LEIGH Peyton				08	Swim Ontario				4:19.54	745	+0.74
	50m:	29.93	29.93	150m:	1:34.57	32.39	250m:	2:40.83	33.39	350m:	3:47.59	33.24
	100m:	1:02.18	32.25	200m:	2:07.44	32.87	300m:	3:14.35	33.52	400m:	4:19.54	31.95
7.	BOULAKBECH Jamila				06	Martigues Natation				4:20.58	737	+0.79
	50m:	31.36	31.36	150m:	1:37.32	32.76	250m:	2:43.02	32.89	350m:	3:49.07	33.07
	100m:	1:04.56	33.20	200m:	2:10.13	32.81	300m:	3:16.00	32.98	400m:	4:20.58	31.51
8.	VANDERLINDEN Siri				09	Leuven Aquatics				4:20.90	734	+0.73
	50m:	30.40	30.40	150m:	1:35.39	32.87	250m:	2:42.23	33.18	350m:	3:49.90	33.44
	100m:	1:02.52	32.12	200m:	2:09.05	33.66	300m:	3:16.46	34.23	400m:	4:20.90	31.00
9.	COOPER Isabella				09	Swim Ontario				4:22.58	720	+0.84
	50m:	30.60	30.60	150m:	1:36.51	32.83	250m:	2:43.12	33.38	350m:	3:49.90	33.42
	100m:	1:03.68	33.08	200m:	2:09.74	33.23	300m:	3:16.48	33.36	400m:	4:22.58	32.68
10.	JOMINET Lou				05	Luxembourg				4:23.36	713	+0.69
	50m:	30.30	30.30	150m:	1:36.42	33.15	250m:	2:43.80	33.80	350m:	3:51.28	33.73
	100m:	1:03.27	32.97	200m:	2:10.00	33.58	300m:	3:17.55	33.75	400m:	4:23.36	32.08